

# UNIT 5 CONTRAINDICATIONS AND CONSULTATION

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## UNIT 5.5 - CONTRAINDICATIONS

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Once you have received your client's form you will then begin an investigation of the skin surrounding their eyebrow area. From your initial glance at your client's brows you will be able to identify any contraindications that may affect the brow services desired and its post appearance.

A contraindication is a condition that enables the client as unfit for this treatment or restricts you from performing this procedure. The condition may or may not be visible during your consultation, so it is always important to discuss contraindications with your client while you review the client's skin and brow area.

Contraindications may be genetic, medical, lifestyle or environmental. Please consult the following table of both contraindications and cautions.

### CONTRAINDICATIONS & SPECIAL CARE - DO NOT PERFORM THE TREATMENT:

- Positive reaction to a patch or sensitivity test (*allergy*). Patch test 24 hours before procedure
- Previous reaction experienced to the same or similar service in the past
- Skin conditions such as: eczema, dermatitis, psoriasis, lesions or sores, open wounds
- Contagious skin diseases (*such as, herpes simplex, Chicken Pox, or Shingles*)
- Skin trauma, cuts, abrasions, burns and swelling in the immediate area
- Infections such as Impetigo or Conjunctivitis
- Chemotherapy (*cancer treatment*)
- Weak or damaged brow hair from over styling or product use - *at the therapist's discretion*
- Recent operations around eyes, head or face or scar tissue in immediate areas
- Hypersensitive skin/eyes
- Alopecia (*loss of hair*)
- Trichotillomania (*classified as an impulse control disorder and is the compulsive urge to pull out one's own hair*)
- Any disease/disorder that causes shaking, twitching or erratic movements
- Recent microblading or tattooing service
- Botox and dermal fillers (*ensure clearance for the treatment by the administrator*)
- Some anti-acne medications such as Roaccutaine, doxycycline and epiduoigel or their derivative
- Some anti-aging creams or medications such as Vitamin A, Retinols and Efudex or other anti-aging medications, AHA's and BHA's
- Brow henna performed within 48 hours prior to appointment
- Steroid or cortizone creams as these can see thinning of the skin

### CONTRAINDICATIONS & SPECIAL CARE - REQUIRES A GP REFERRAL:

The following contraindications might still mean that the treatment can be performed however it is recommended to obtain a GP/doctors referral before proceeding.

- Post chemotherapy
- Use of topical prescription treatments might require a dermatologists or medical professionals review before proceeding

### FURTHER CONTRAINDICATIONS - FOR CLIENTS COMFORT:

The following contraindications are purely for the client's comfort and should be discussed before beginning the treatment.

- Other skin conditions to watch out for are any apparent surgical scarring, keloids or hyper-topic scarring, sunburn or very dry skin.
- Claustrophobia - client is required to be in close proximity of a therapist and often with eyes closed
- Brow growth serums